

Dear patient,

We're grateful to have you as part of the Best Self Family! Thank you for choosing our office. Here at Dermatology + Plastic Surgery we offer the most thorough skin exams and curated skin care products & treatments to help you become your Best Self. I have added links below to information about your concerns and about Beth Perry, PA-C and Adrienne Vargas, PA-C, as well as Dr. Saluja, our board certified dermatologist and our plastic surgeons.

We are looking forward to seeing you, sharing more information, and helping you have healthy skin. Please feel free to contact me if you have any questions.

Location:

6559 N Wickham Rd, Suite C105 (Front Office) - Beth and Adrienne

6545 N Wickham Rd (Back Office) Suite F101 - Dr. Saluja

6545 N Wickham Rd (Back Office) Suite F102 - Dr. Novo, Dr. Gasgarth and Aestheticians

Wearing a mask is required. Please visit www.foryourbestself.com blog for our latest COVID-19 precautions & updates. We are seeing healthy patients who have not been exposed to a COVID-19 positive person within 10 days.

Helpful tips!

- *Listen to our **For Your Best Self** podcast prior to your appointment! Let us know your favorite episode.
- * Update your patient portal prior to your appointment. (This will arrive in a separate email.)
- * Arrive 10 minutes early for any needed updates.
- * Come with a make-up free fresh face and bare skin without lotion.
- * Our policy requires a minimum of 48 hours to cancel or reschedule an appointment, or you may be responsible for a \$50 fee.

Click here for more information on our Pre - Post Procedure Instructions:

[Pre & Post Procedure Instructions](#)

[Click here to read more about why we love Beth Perry, PA-C and Adrienne Vargas, PA-C!](#)

[Click here to read more about Dr. Anita Saluja - Board Certified Dermatologist!](#)

[Click here to read more about Dr. Novo - Double Board Certified Plastic Surgeon !](#)

[Click here to read more about Dr. Gasgarth - Double Board Certified Plastic Surgeon !](#)

The Best Self Team

321-241-1160

6559 N. Wickham Rd, Ste C105, F101, F102

Melbourne, FL 32940