

Dear patient,

We're grateful to have you as part of the Best Self Family! Thank you for choosing our office. Here at Dermatology + Plastic Surgery we offer curated and customized treatments to help you become your Best Self. I have added links below to information relating to your interest, as well as the amazing Dr. Saluja, Dr. Novo and Dr. Gasgarth's bios from our website. We are looking forward to seeing you, sharing more information, and being a part of your special journey! Please feel free to contact me if you have any questions.

Location:

6559 N Wickham Rd, Suite C105 (Front Office) - Beth and Adrienne

6545 N Wickham Rd (Back Office) Suite F101 - Dr. Saluja

6545 N Wickham Rd (Back Office) Suite F102 - Dr. Novo, Dr. Gasgarth and Aestheticians

Wearing a mask is required. Please visit www.foryourbestself.com blog for our latest COVID-19 precautions & updates. We are seeing healthy patients who have not been exposed to a COVID-19 positive person within 10 days.

Click here for more information on our Pre - Post Procedure Instructions:

[Pre & Post Procedure Instructions](#)

Helpful tips!

- *Listen to our **For Your Best Self** podcast prior to your appointment! Let us know your favorite episode.
- * Arrive 10 minutes early for any needed updates.
- * Come with a make-up free fresh face.
- * Schedule dental visits (including orthodontics) more than 2 weeks pre or post injections.
- * Avoid flying for 24-hours after treatments.
- * If being seen for injections, please have your Alle or Aspire rewards activated and ready for use.

To become a member, join now at :

www.alle.com - or download the Alle Allergan App to your phone from the app store

<https://www.aspirerewards.com/landing> - or download the Aspire Galderma Rewards App to your phone

Click here to read more about why we love Dr. Saluja, Dr. Novo and Dr. Gasgarth!

[Dr Saluja - Board Certified Dermatologist & Ace Injector !](#)

[Dr. Novo - Double Board Certified Plastic Surgeon !](#)

[Dr. Gasgarth - Double Board Certified Plastic Surgeon !](#)

****Our policy requires a minimum of 48 hours to cancel or reschedule an appointment, or you may be responsible for a \$50 fee.**

****Cosmetic Consultation Fee with Dr. Saluja or with Dr. Novo - \$200 (Applied towards treatment)**

****Plastic Surgery Consultation with Dr. Novo - Complimentary; \$200 Fee Waived.**

****Cosmetic Consultation Fee with Patient Educator - \$50 (Applied towards treatment or product)**

The Best Self Team

321-241-1160

6559 N. Wickham Rd, Ste C105, F101, F102

Melbourne, FL 32940