

**Dear patient,**

We're grateful to have you as part of the Best Self Family! Thank you for choosing our office. Here at Dermatology + Plastic Surgery we offer curated and customized treatments to help you become your Best Self. I have added links below to information relating to your interest, as well as the amazing Dr. Saluja and Dr. Novo's bios from our website. We are looking forward to seeing you, sharing more information, and being a part of your special journey! Please feel free to contact me if you have any questions.

**Location: 6559 N Wickham Rd - (Back Office) Suite F101 Dr. Saluja, Suite F102 Dr. Novo and Aestheticians**

Wearing a mask is required. Please visit [www.foryourbestself.com](http://www.foryourbestself.com) blog for our latest COVID-19 precautions & updates.

We are seeing healthy patients who have not been exposed to a COVID-19 positive person within 2 weeks only at this time.

Click here for more information on our Pre - Post Procedure Instructions:  
[Pre & Post Procedure Instructions](#)

### **Helpful tips!**

- \* Arrive 10 minutes early for any needed updates.
- \* Come with a make-up free fresh face.
- \* Avoid **vaccinations and dental visits** (including orthodontics) within 2 weeks pre or post filler injections.
- \* Avoid **airline travel** for 48 hours after treatments.
- \* If being seen for injections, please have your Alle or Aspire rewards activated and ready for use.

To become a member, join now at :

<http://www.alle.com> - or download the Alle App to your phone from the App Store  
<https://www.aspirerewards.com/landing> - or download the Aspire Galderma Rewards App to your phone from the App Store

Click here to read more about why we love Dr. Saluja and Dr. Novo!

[Dr Saluja - Board Certified Dermatologist & Ace Injector !](#)

[Dr. Novo - Double Board Certified Plastic Surgeon !](#)

\*\*Our policy requires a minimum of 48 hours to cancel or reschedule an appointment, or you may be responsible for a \$50 fee.

\*\*Cosmetic Consultation Fee with Dr. Saluja or with Dr. Novo - \$200 (Applied towards treatment)

\*\*Plastic Surgery Consultation with Dr. Novo - Complimentary; \$200 Fee Waived.

\*\*Cosmetic Consultation Fee with Patient Educator or Aesthetician - \$50 (Applied towards treatment or product)

Have a Beautiful Day!

The Best Self Team

321-241-1160

[info@foryourbestself.com](mailto:info@foryourbestself.com)